

Douglas County Community Mental Health Center

Community Resource Guide

Resource guide created in cooperation with the University of Nebraska's Grace Abbott School of Social Work.

Its creation and maintenance is a service learning project in Dr. Jodi McQuillen's undergraduate social work and mental health class.

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“Our Mission is to provide high quality, comprehensive mental health care for the underserved of Douglas County.”

Chemical Dependency Programs

ABH Addiction & Behavioral Health Services, Inc.

Locations:

5847 North 90th Street
Omaha, NE 68134
(402) 571-7148

5851 North 90th Street
Omaha, NE 68134
(402) 504-1736

8610 Brentwood Drive, Suite 1
La Vista, NE 68128
(402) 331-3232

Website: <http://www.abhtreatment.com/index.html>

Cost/Payment: Accepts Medicaid, Magellan Behavioral Health, Douglas & Sarpy County Funds, Private Pay, Blue Cross Blue Shield, and other private insurances.

CD Evaluations / Mental Status Exams

Description: Available at all offices. Comprehensive substance use screening and chemical dependency evaluations to determine appropriate level of care. Also offer mental health evaluations.

General Outpatient Counseling Services

Description: ABH offers individual and family counseling, case management, and education for mental health, chemical dependency and dual-diagnosis treatment. Staff can also work with other professionals (external caseworkers, parole officers etc.) to meet client needs in recovery.

Program Timeframe: Ongoing, 45 minute sessions one (1) to two (2) times / week

Individualized Relapse Prevention Counseling

Description: Program offering individual addiction counseling, recovery plan and relapse prevention plan development. Periodic drug and alcohol screening is utilized to help ensure compliance and help clients maintain their recovery.

Program Timeframe: Six (6) to eight (8) weeks

Campus for Hope

1490 North 16th Street
Omaha NE 68102
(402) 827-0570

Intermediate Residential Program

Description: Non-locked, longer-term residential program offering individual, group, and family therapy; development of relapse prevention plans; peer support; assessment of medical, dental and psychiatric care as needed; 12-Step programming; and substance use education.

Restrictions: Serve adults nineteen (19) and up with a current substance use disorder diagnosis and recommendation for this level of care from a substance abuse treatment professional. Must be medically stable and at low risk for acute withdrawal symptoms. Client must not have active psychotic symptoms and /or be a threat to self or others.

Date / Time: 24/7, 365 days a year.

Program Timeframe: Six (6) months to two (2) years of programming with a minimum of 30 hours of treatment services / week.

Cost / Payment: \$165.00 / day—Accepts Medicaid, third party insurance and private pay.

Short Term Residential Program

Description: Non-locked residential program offering individual, group, and family therapy; development of relapse prevention plans; peer support; assessment of medical, dental and psychiatric care as needed; 12-Step programming; and substance use education.

Restrictions: Serve adults nineteen (19) and up with a current substance use disorder diagnosis and recommendation for this level of care from a substance abuse treatment professional. Must be medically stable and at low risk for acute withdrawal symptoms.

Date / Time: 24/7, 365 days a year.

Program Timeframe: Twenty-eight to forty-two days with a minimum of 42 hours of treatment services / week.

Cost / Payment: \$195.00 / day—Accepts Medicaid, third party insurance, private pay and Nebraska Office of Probation Administration vouchers.

Voluntary Detox Program

Description: Provides a safe environment for individuals undergoing withdrawal from alcohol and /or other addictive substances, including ongoing assessment of physical, emotional, and psychiatric needs by nursing staff.

Restrictions: Serves adults nineteen (19) and up.

Date / Time: 24/7, 365 days a year.

Program Timeframe: One (1) to five (5) days, depending on the level of intoxication and severity of withdrawal.

Cost / Payment: \$300.00 / day—Accepts private pay and Nebraska Office of Probation Administration vouchers.

Catholic Charities

Sheehan Center

3300 North 60th Street

Omaha, NE 68104

(402) 554-0520

Email: catholiccharities@ccomaha.org

Website: <http://www.ccomaha.org/>

Adult Intensive Outpatient Treatment Program

Description: Offers individual and family chemical dependency counseling, substance abuse education, individualized treatment plan development, and community resource referrals.

Restrictions: Serves adults nineteen (19) and up with a current chemical dependency diagnosis.

Date / Time: Individual therapy services Monday – Friday 9 AM – 5 PM

Group sessions Mondays, Tuesdays and Thursdays from 1 PM – 4 PM and 6 PM – 9 PM

**Information deemed accurate at time of publication*

Program Timeframe: Minimum of eight (8) weeks, with clients attending one (1) individual session and three (3) group sessions each week.

Cost / Payment: \$6,660.00 for twelve (12) weeks—Accepts Medicaid, third party insurance, Nebraska Office of Probation Administration vouchers, and self-pay.

Co-Occurring Residential Program

Description: Non-locked residential program offering individual, group, and family therapy focused on both substance abuse and mental health issues; coping skills development; monthly psychiatric assessment and medication management; education on mental health diagnoses and symptoms; assessment of medical and dental care as needed.

Restrictions: Serve adults nineteen (19) and up with a current substance use disorder and recommendation for this level of care from a substance abuse treatment professional. Additional comorbid severe and persistent mental illness diagnosis required. Must be medically stable and at low risk for acute withdrawal symptoms.

Date / Time: 24/7, 365 days a year.

Program Timeframe: Six (6) months to one (1) year with a minimum of 42 hours of treatment services / week.

Cost / Payment: \$225.00 / day—Accepts Medicaid, third party insurance, private pay and Nebraska Office of Probation Administration vouchers.

Community Support Substance Abuse Program

Description: Case management services including resource referral, education, coping skill development, housing assistance, recovery support / relapse prevention, etc.

Restrictions: Serve adults nineteen (19) and up with a current substance use disorder diagnosis and a current chemical dependency evaluation.

Date / Time: Business hours 8:00 AM – 4:30 PM, crisis services available on-call 24/7.

Program Timeframe: Minimum of three (3) meetings per month for up to two (2) years—the average is four (4) to six (6) months.

Cost / Payment: Fees assessed on an individual basis, including options for clients with no ability to pay—funding comes from Region Six and Medicaid.

Outpatient Substance Abuse Assessment Services

Description: Provides 6-month chemical dependency assessments on a first-come, first-served basis.

Restrictions: Serve adults nineteen (19) and up only.

Date / Time: Every Wednesday (except holidays), with morning and afternoon time slots available.

Cost / Payment: \$260.00 / evaluation, sliding scale—Accepts Medicaid, Medicare, and third party insurance.

Peer Recovery Support Program

Description: Weekly support groups on location at Campus for Hope and monthly individual peer support meetings are at Campus for Hope or at another location the client prefers.

Restrictions: Serve adults nineteen (19) and up currently enrolled in another Catholic Charities program or who are on a waiting list for another program.

Date / Time: 24/7, 365 days a year.

Program Timeframe: Based on individual needs while clients are in other programs.

Cost / Payment: No fee to client—program is funded by Region Six.

ENCAP (Eastern Nebraska Community Action Program)

Website: <http://www.encapomaha.org/>

Locations:

Main Office

Douglas County
(402) 453-5656
Omaha, NE 68111
2406 Fowler Avenue

Douglas County (South)

4920 South 30th Street
Omaha, NE 68107
(402) 734-1332

Sarpy County

1908 Hancock Street
Bellevue, NE 68005
(402) 292-2961

Description: Provides outpatient treatment for substance abuse. Individual therapy is offered, as well as group sessions. Group sessions include relapse prevention, alcohol/drug education, AA, CA, and NA meetings.

Cost / Payment: ENCAP accepts both Medicaid and Medicare as well as sliding scale fees.

Heartland Family Services-Family Works

1016 Park Ave Suite 221

Omaha, NE 68105

(402) 342-9555

Website: <http://heartlandfamilyservice.org/>

Description: Residential substance abuse treatment center for pregnant women or women with young children. Family Works is able to treat dual diagnoses. Length of stay can range from 6-9 months.

Cost / Payment: Dependent upon the individual's monthly income, 30% of the resident's monthly income

Restrictions: Pregnant women or women with young children only. Criminal record is accepted, depending on type of crime.

Translators: Spanish available

Intertribal Treatment Center (Nebraska Urban Indian Health Coalition)

2240 Landon Court

Omaha, NE 68102

(402) 346-0902

Website: <http://nuihc.com/>

Description: Offers outpatient and inpatient substance abuse treatment. Individual and family therapy is offered, as well as drug/alcohol education, substance abuse assessment, and transitional living.

**Information deemed accurate at time of publication*

Restrictions: Target population includes Native Americans and others residing in the Metropolitan area including: Dodge, Cass, Sarpy, Washington, and Douglas counties. For inpatient treatment individual must be at least 18 years old and federally recognized in a tribe.

Translators: American Indian and Alaska Native

K C Assessments

5002 Dodge St
Omaha, NE 68132
(402) 669-5300

Description: Substance abuse evaluations for adults. Reports are court, parole, and probation accepted. Reports will be available within 48 hours of evaluation. Evaluations cost \$175 or vouchers accepted.

Restrictions: Must be an adult 18 years and older

Lutheran Family Services

Main Phone: (402) 342-7038
Website: <http://www.lfsneb.org/>

Locations:

2401 Lake Street Suite 110
Omaha, NE 68111
(402) 455-9757

120 South 24th Street, Suite 100
Omaha, NE 68102
(402) 342-7007

730 Fort Crook Road North
Bellevue, NE 68005
(402) 292-9105

1410 E Gold Cost Road, Suite 200
Papillion, NE 68046
(402) 592-0639

Chemical Dependency Evaluations

Description: Drug and alcohol dependency evaluations to determine appropriate level of care

Outpatient Substance Use Treatment

Description: Individual, family and group therapy to treat substance use disorders.

Restrictions: Client must need services fewer than three (3) times per week.

Cost / Payment: Accepts most major insurances and offers sliding scale fees to low-income individuals without insurance.

Intensive Outpatient Chemical Dependency Treatment

Description: Offers three hours of intensive group-based substance use treatment, three times per week; individual and family therapy; justice system case planning; chemical dependency education; coping skills development; and relapse prevention planning.

Restrictions: Serves adults nineteen (19) and older who have a chemical dependency diagnosis. Clients must be evaluated as needing a high-structure treatment program. Clients must remain free of non-prescription drugs and alcohols, attend all sessions, and submit to regular urinalysis.

Program Timeframe: Ten to fifteen hours / week for approximately six (6) weeks.

Cost / Payment: Accepts many third party insurances, private pay, grant funds, and offers a sliding scale fee to eligible low-income individuals from Nebraska.

NOVA Treatment Center

8502 Mormon Bridge Road

Omaha, NE 68152

(402) 455-8347

Email: admissions@novatc.org

Website: <http://www.novatc.org/welcome.html>

Adult Therapeutic Community

Description: Adult programs offer individual, group and family therapy; coping and life skills development; education on substance use issues; relapse prevention; peer support

Restrictions: None, but referential admission is for pregnant women, women with children and IV drug users

Program Timeframe: Four (4) to six (6) months

Cost / Payment: NOVA accepts Nebraska Medicaid, Magellan Behavioral Health, Criminal Justice Vouchers, some private insurance, private pay and has a sliding fee scale for residential services.

Adult Short-Term Residential

Description: Same as above but timeframe is for 30 day treatment only.

Omaha Valley Hope

7703 Serum Avenue

Omaha, NE 68127

(402) 991-8824

Website: <https://valleyhope.org/locations/nebraska/omaha/>

Continuing Care Group

Description: One-hour support group focusing on maintaining recovery.

Restrictions: Must have recently completed a residential or intensive outpatient program.

Date / Time: Mondays, Tuesdays, Thursdays, and Fridays at nine different times.

Cost / Payment: Valley Hope accepts most private insurances, and scholarships / loans are available to clients who qualify.

Intensive Outpatient

Description: Offers individual, group, and family therapy

Date / Time: Mondays, Wednesday, and Fridays from 6 PM – 9 PM

Cost / Payment: Valley Hope accepts most private insurances, and scholarships / loans are available to clients who qualify.

Pathways Counseling

13319 Cottner St,
Omaha, NE 68137
(402) 896-8933

Description: Pathways Counseling offers outpatient treatment for substance abuse. Both individual and family therapy is offered, as well as substance abuse assessments, and drug and alcohol education.

Restrictions: Individual must be at least 12 years and older

Ponca Tribe of Nebraska

2602 J ST
Omaha NE 68107
(402) 734-5275
Website: <http://www.poncatribene.org/>

Description: Ponca Tribe of Nebraska offers outpatient substance abuse treatment. Both individual and family therapy are offered as well as youth prevention services.

Restrictions: Must be federally recognized in the tribe

Translator: American Indian and Alaska Native

The Salvation Army Substance Abuse Treatment

Salvation Army Adult Rehabilitation Center (ARC)
Roger (Intake Coordinator)
2551 Dodge Street
Omaha, Ne 68131
(402) 342-4135

Description: Alcohol and drug rehab center for men. Individual and group therapy, self-help groups, 180 day work therapy program. There is no wait list.

Restrictions: Males must be 21 or older to participate, no sexual offenders or arsonists.

Santa Monica House

130 N 39th St
Omaha, NE 68131
(402) 558-7088
Website: <http://www.santamonicahouse.org/>

Description: Santa Monica House offers a residential substance abuse program. They offer individual and group therapy, as well as relapse prevention, 12 step meetings, and drug/alcohol education. The typical stay is 6 months.

Cost / Payment: There is no fee for being in treatment, grants pay for the individuals stay. Restrictions: Only for women 21 years and older. Criminal records are accepted except for sexual offenders. Children are able to visit and stay on the weekends.

Sienna/Francis House:

1702 Nicholas Street

Omaha NE 68102

(402) 341-1821

Email: treatment@sienafrancis.org

Website: <http://www.sienafrancis.org/index.php/services/miracles-treatment-program>

Miracles Treatment Center

Description: Program offers chemical dependency assessments; education on recovery issues; housing assistance; individual, group, and family therapy; and job training. Aftercare / follow-up services are available following completion of the program.

Restrictions: Serves adults nineteen (19) and older, be willing to enter job training and work 40 service hours per week in the shelter, must attend five weekly 12-Step programs. Program Timeframe: Minimum of 120 days (time may be taken off if client was previously in a residential treatment program)

Cost / Payment: None

Community Health Centers

Charles Drew Health Center

2915 Grant Street
P.O. Box 111609
Omaha, Nebraska 68111-3863
(402) 451-3553
<http://charlesdrewhcomaha.org/>

Medical Services:

Family Practice/OB, General Medicine, Internal Medicine, Pediatrics, Podiatry, Cardiology, Eye Services, Psychiatry & Behavioral Health

Dental Services:

Oral exams, sealants, fluoride treatments, restorative services, oral surgery, emergency and rehabilitative services and dentures

Mental health services:

Pre-screening to determine if behavioral health services are needed, Individual, Family or Couples Therapy, and Teletherapy services

Other Resources:

Disability Assistance for Adults, Enrollment assistance for the Marketplace, Medicare, Medicaid and Kids Connection, Fitness Center and Weight Loss Classes, Homeless Healthcare, Interpreter Services, Medication Assistance Programs, Nutrition Education, Senior Care, Smoking Cessation Classes, Social Work and Nurse Case Management

Main clinic contact numbers:

- (402) 451-3553 (Medical)
- (402) 453- 1433 (Dental)
- (402) 451-3244 (Pharmacy)
- (402) 457-1200 (Administration)

Cost/Payment:

Most major insurances including Medicare and Medicaid.
Sliding fee Program (based on income)

OneWorld Community Health Center

Website: www.oneworldomaha.org

Livestock Exchange Campus

4920 South 30th Street
Omaha, NE 68107
Appointments: (402) 734-4110
WIC Clinic: (402) 734-2028
Pharmacy: (402) 502-5832

Services Provided: Behavioral health, adult and internal medicine, pediatrics, women's health, dental care, pharmacy, mental health, WIC

Quick Sick Clinic

4910 South 30th Street (1st Floor of North Building)
Omaha, NE 68107
(402) 502-8859

**Information deemed accurate at time of publication*

Services Provided: For treatment of minor illnesses, no appointment necessary, open most evenings and weekends.

OneWorld West Omaha

4101 South 120th St
Omaha, NE 68137
(402) 505-3907

Services Provided: Behavioral health, adult and internal medicine, pediatrics, dental care, mental health

OneWorld North West Omaha

4229 North 90th St
Omaha, NE 68134
(402) 401-6000

Services Provided: Behavioral health, adult and internal medicine, pediatrics, dental care, mental health

Adult and Internal Medicine: Annual physicals, chronic disease care (i.e. asthma, diabetes, hypertension, high cholesterol, depression), health education, disease testing and treatment (i.e. STDs, latent tuberculosis), and immigrations.

Pediatrics and Adolescent Care: Well child checks, immunizations, lead screenings, school and sports physicals, common childhood diseases, care for disabled children, chronic diseases, minor illnesses (i.e. ear infections, cough, fever), behavioral and developmental health concerns. These services are also offered at school based health centers which are located at: Bryan High School, Indian Hill Elementary, Liberty Elementary, and Spring Lake Elementary.

Women's Health: Prenatal care, obstetrics, midwifery, reproductive health, annual exams, cancer screenings, pre and post menopause care, adolescent care, and STD testing and treatment.

WIC Program: Provides supplemental foods, healthcare referrals, nutrition education for low-income women who are pregnant, breastfeeding, and/or postpartum, and to infants and children up to five years old. In addition to Spanish, interpretation is provided for other languages as well, including sign language.

Dental Care: Semi-annual cleanings, x-rays, examinations, fillings, extractions, emergency treatment for pain, swelling, broken tooth, limited root canal treatment, prenatal dental care, and pediatric dental care.

Behavioral Health: Social worker will assess for client social support service needs including financial and housing needs, domestic violence, and literacy needs. Referrals to community resources are provided.

Mental Health: Comprehensive care from mental health providers, including counselors and psychiatrists, are provided to clients.

Pharmacy: The pharmacy offers discount prescription pricing for OneWorld clients.

Outreach, Education and Enrollment: Provides help to people who need assistance with signing up for healthcare (Medicare, Medicaid, WIC, or Open Enrollment options) or who have questions.

Restrictions: Accepts cash, check, credit card (Visa, MasterCard, and Discover), and most forms of insurance, including Medicare and Medicaid. A sliding fee scale is available for those who do not have insurance and a financial counselor is available to discuss payment options.

Financial Assistance

Access Nebraska (Douglas County Health and Human Services)

Main phone: (800) 383-4278

Omaha phone: (402) 595-1258

Available 8 am to 5 pm, Monday – Friday; automated system available 24 hours a day

Website:

http://dhhs.ne.gov/Children_Family_Services/AccessNebraska/Pages/accessnebraska_index.aspx

Description: Contact for information about economic assistance/energy assistance eligibility in Nebraska. Required documents and restrictions vary; appropriate referrals will be made.

Catholic Charities

3300 North 60th Street

Omaha, NE 68104

Phone: (402) 554-0520

Email: catholiccharities@ccomaha.org

Description: Catholic Charities provides food assistance, Immigration and Legal assistance, Mental Health services, DV services, addiction and recovery, pregnancy counseling, and senior services.

Consumer Credit Counseling

Locations:

11225 Davenport St # 108

Omaha, NE 68154

Phone: (402) 333-2227

809 N 96th St #100

Omaha, NE 68114

Phone: (402) 333-8609

Website: <http://www.greenpath.com/cccsn>

Description: Non-profit agency; provides information on bankruptcy and debt management, financial education; also credit, student loan, and housing counseling.

Douglas County General Assistance

The Department's Administrative Offices & Intake Center

1111 S. 41st St Ste. 220

Omaha, Nebraska 68105

(402) 444-6215

Website: <http://www.douglascounty-ne.gov/generalassist/home>

Description: Offers assistance with rent, utilities, clothing, and transportation. Applications are taken in person and by appointment. Medical benefits are available for households below the federal poverty guidelines.

Restrictions: Restricted to individuals between ages of 19 and 64 without minor children. Full time students are not eligible for assistance. Rent payment is limited to \$400 a month which includes utility charges. State and Federal benefits are considered income and therefore are not eligible.

Translators: Spanish available.

Heart Ministry Center

2222 Binney St

Omaha, NE 68110

Phone: (402) 451-2321

E-mail: john@heartministrycenter.org

Description: Provides the following services; clothing closet, food pantry, health & dental care, educational classes, youth mentoring, resource center, legal clinic, holiday meal baskets and gifts, and a Self-Sufficiency program for single, low-income mothers.

Heartland Family Services

2101 S 42nd St

Omaha, NE 68105

Phone: (402) 553-3000

Email may be sent at <http://heartlandfamilyservice.org/contact-us/>

Description: Rent and Utility assistance. Emergency assistance for those facing poverty and homelessness.

Restrictions: For Douglas and Sarpy County only.

Project Hope

4205 Boyd St

Omaha, NE 68111

Phone: (402) 453-7649

Description: Project Hope provides food and clothing to people in need there hours of operation are Monday, Wednesday and Friday 11:00 - 2:45 p.m.

Salvation Army

3612 Cuming St

Omaha, NE 68131

Main phone: (402) 898-5900

Direct number for utility assistance: (402) 898-5966

Email may be sent at <http://www.salarmyomaha.org/contact/>

Description: Automated recording; be prepared to leave name and number for information on utility and energy assistance.

Siena/Francis House

1702 Nicholas St
 Omaha, NE 68102
 Phone: (402) 341-9236
 Website: <http://www.sienafrancis.org/>

Description: Case workers will provide assistance and referrals with needs, including financial assistance; call number and they will direct you to who can help.

St. Vincent de Paul Society

2101 Leavenworth St
 Omaha, NE 68102
 Phone: (402) 346-5445
 Additional contacts and email available at <http://www.svdpusa.org/Contact-Us>

Description: Contact agency and be prepared to leave name and number; they will refer you to the nearest Catholic Church that may provide financial assistance. Address listed is the location of their food pantry; phone number provides hours of availability for this as well.

Timberlake Outreach Center

2107 E Locust St
 Omaha, NE 68110
 Phone: (402) 422-1111

Description: Open Door Mission's, Timberlake Outreach Center provides preventative measures to empower families to remain in their own homes by supplementing their income through monthly assistance with food, clothing, household goods, furniture and appliances.

Together

812 S 24th St
 Omaha, NE 68108
 Phone: (402) 345-8047
 Email may be sent at <http://togetheromaha.org/contact-2/questionscomments/>

Description: Focuses on homeless and eviction prevention. Help with utilities, housing, food pantry, bus passes for individuals who have just started a new job, help with getting ID/birth certificate. Walk-ins are welcome; call for schedule to find out when certain services are available.

United Way

1805 Harney St
 Omaha, NE 68102
 Phone: dial 2-1-1 for 24/7 call center

Description: General assistance hotline. Dial 2-1-1 and you will be directed to appropriate phone numbers and agencies depending on your financial assistance need.

Food Pantries

A Hand Up Food Pantry

216 South 34th St
Omaha, NE 68131
(402) 345-5383

Description: Food Pantry: No limit on the amount of times you can attend but they do request you bring your own plastic and paper bags.

Eligibility: Identity verification, Social security cards for all members of the household, Photo ID, Proof of current address

Benson Baptist Church

6319 Maple St.
Omaha, NE 68104
(402) 551-1512

Description: Food Pantry: provides emergency boxes of food, groceries, and other items.

Eligibility: Must reside in the city of Omaha, Identity Verification, Valid ID, Social security

Community Cupboard Food Pantry Countryside Community Church

8787 Pacific St
Omaha, NE 68114
(402) 391-0350

Description: Community Cupboard- Provides a year-round, mobile food pantry which resembles a farmers' market/grocery store design.

Location: Truhlsen Community Center at Countryside Church

Eligibility: Will need to provide name and the number of people in the household, No identification required and no limits are set on food, No limit to the number of times you attend per year

Day/Time: First Saturday of Every Month: 9:30am -11:30am

Faithworks Pantry Place

4892 Oaks Lane
Omaha, NE 68137
(402) 895-3394

Eligibility: Identity Verification, Photo ID, Proof of address

First Lutheran Church's Food Pantry

542 South 31st Street
Omaha, NE 68105
(402) 345-7506

Description: Food Pantry- Able to utilize pantry once every 30 days

Eligibility: Identity Verification, Photo Id or Consulate Card, Social security number, Proof of address

**Information deemed accurate at time of publication*

Heart Ministry Center

2222 Binney St.
Omaha, NE 68110
(402) 451-2321

Description: Food Pantry- Able to utilize once every 30 days

Eligibility: No eligibility requirements except the time frame of when you last visited

Heartland Hope Mission

5218 South 21st St.
Omaha, NE 68107
(402) 733-2077

Description: You may visit the food and clothing pantry once every 30 days. Senior citizens (60+) and the disabled (proof of disability required) may visit once every 21 days.

Location: 139th and Q at Lord of Hosts Church in Millard

Eligibility: Identity Verification; Photo ID for yourself; Proof of other members in the household including social security numbers and/or date of birth, proof of address; Will have to sign a statement of monthly income

Holy Family Door Ministry

1715 Izard St.
Omaha, NE 68102
(402) 341-6561

Description: Food Pantry: Small food pantry located downtown.

Eligibility: Does not serve single males, Identity verification, Photo ID, Social security card, Proof of residence status

Day/Time: Request to call ahead to see if supplies are available

Juan Diego Center

5211 South 31st St.
Omaha, NE 68107
(402) 731-5413

Description: Food Pantry: services the greater Omaha metropolitan region. Available to utilize once every two months

Eligibility: Identity verification, Photo ID, Piece of mail for proof of address

Kountze Memorial Church Pantry

2650 Farnam St.
Omaha, NE 68131
(402) 341-7761

Description: Food Pantry: Able to utilize once a week.

Eligibility: If single adult will only need to sign name, if adult with children have to bring social security cards for children

Loaves & Fishes Westminster Presbyterian Church

3416 Woolworth Ave
Omaha, NE 68105
(402) 345-5423

Description: Food Pantry: Provides fresh produce, meat, and breads from Trader Joe's
Eligibility: Identity verification, Valid ID, Social security numbers, Proof of address

Omaha Vineyard Food Pantry

5030 North 72nd St.
Omaha, NE 68124
(402) 393-9077

Description: Each family is given a couple of bags of groceries, a warm smile, and a cup of coffee
Eligibility: No eligibility requirements
Day/Time: Third Saturday of Every Month: 9:30am

Saint Martin De Porres (Catholic Charities)

2111 Emmet St.
Omaha, NE 68110
(402) 939-4684

Description: Food Pantry- Able to utilize once every 30 days
Eligibility: Identity Verification, Social Security Cards for yourself & all household members, Piece of mail postmarked in the last 30 days, Valid Photo ID

Salvation Army Material Assistance Department

3612 Cuming St
Omaha, NE 68131
Location will be changing sometime summer of 2015
(402) 898-5860

Eligibility: Proof of Identity, Picture ID, Social Security Card or Birth Certificate for everyone in household, Proof of residence within last 30 days; Requirements vary with services requested – please call for more information; Income guidelines for some programs. Call for more info.

Society of St. Vincent De Paul Food Pantry:

2101 Leavenworth St
Omaha, NE 68102
(402) 305-4502

Eligibility: Proof of Identity, Photo ID, Proof of mailing address, Social Security numbers for everyone in the household

Stonebridge Christian Church, Butler Ridge Campus

15801 Butler Ave
Omaha, NE 68116
(402) 571-2038

Description: Food Pantry: Able to utilize once every 90 days

Eligibility: Identity verification, a valid Photo ID, a current bill

Together Inc.

812 S 24th St, Omaha, NE 68108
(402) 345-8047

Eligibility: Photo ID, social security cards for members of household, and current postmarked mail required (once every 30 days and only need to bring the social security card in the first time)

Timberlake Outreach Center

2107 East Locust St.
Omaha, NE 68110
(402) 422-1111

Description: Offers assistance with food, clothing, household goods, furniture, and appliances; Food Pantry- Able to utilize once every 30 days for food and once every 6 months for furniture

Eligibility: Identity Verification, Social security numbers for everyone in the household, Piece of mail for proof of address

Women United Ministries

1202 East Browne St.
Omaha, NE 68110
(402) 591-0354

Description: Food Pantry: Able to utilize once every 90 days, by appointment only.

Eligibility: Identity Verification, Valid ID, Proof of address for everyone in the household

½ Way and ¾ Way Housing

A.R.C.H., Inc. (Alcoholics Re-socialization Condition)

604 South 37th Street

Omaha, NE 68105

(402) 946-8898

Website: <http://www.archhalfwayhouse.org>

Description: 18 bed half-way house for men. Majority of referrals come from other treatment centers, but self-referrals and other referrals are welcomed. Typical stay ranges from 90-120 days. Fees are determined by the residents and staff. Also helps with placement of individuals in a ¾ way house after completion of the program at A.R.C.H.

Restrictions: Males, 18 and older with at least 72 hours of sobriety. Criminal record is accepted, depending on type of crime. Sex offenders accepted.

Fees: Call to discuss. Must be willing to be employed.

O'Hanlon House

1502 North 58th Street

Omaha, NE 68105

(402) 556-6425

Description: Same as above, only 8 beds available.

Santa Monica Inc.

130 North 39th Street

Omaha, NE 68130

(402) 558-7088

Website: <http://santamonicahouse.org/>

Description: 18 bed halfway house for women. Their primary focus is substance abuse, while confronting the unique needs of women, which often include issues of depression, economic difficulty and family responsibilities.

Restrictions: Females, 18 years and older. Santa Monica house has no restrictions on whom they will allow in their program, including sex offenders. Client must be sober upon entering.

Fees: \$100.00 per week for room and board. They offer a sliding scale with state funds to help pay for services

Oxford House Inc.

For Men: (402) 934-20

For Woman: (402) 738-9912

Website: <http://www.oxfordhouse.org/userfiles/file/>

Description: Oxford House Inc. is a national public non-profit organization that offers a concept in recovery from drug and alcohol addiction. It offers democratically run individual homes across the nation for patients transitioning from inpatient treatment centers. There are multiple homes throughout

**Information deemed accurate at time of publication*

Nebraska for men only, women only, and women and children. A listing of the addresses of these homes and their contact information can be found at http://www.oxfordhouse.org/directory_listing.php Each house has residents ranging from 6 to 15 total. The tenants pay all expenses to maintain each individual home and stay normally from 3 months to 12 months. Tenants of Oxford House must be drug and alcohol free at all times.

Edward & Willa Kelly Community Collaborative, Inc.

The Kelly House
1720 N. 40th Street
Omaha, NE
(402) 212-0780
Website: www.ewk-thecollaborative.org

Description: The Kelly House is a 14 bed, half-way house. They do require all residents to do 30 hours weekly of day program participation outside of Kelly House. The program is a fee for service based on individual needs of residents. They accept residents based on a case by case individual screening. The average wait time is less than a week.

Eligibility: Men who are 19 years and older, that have been released from inpatient mental health treatment; do allow dual diagnoses of mental illness and substance abuse, however the residents must be drug free while staying at Kelly House

Homeless Shelters (Omaha)

Community Alliance Homeless Services

4001 Leavenworth Street
Omaha, NE 68105
(402) 341-5128

Description: Outreach services for homeless individuals are provided in various ways including mobile outreach, help to obtain emergency food, shelter, and clothing, assessment of mental health, housing, financial, and other social service needs, as well as other services.

Restrictions: Ages 19 and older, a diagnosis of SPMI, and are homeless or at imminent risk of becoming homeless.

Cost/Payment: There are no fees for Community Alliance's Homeless Services.

Open Door Mission

(402) 422-1111
Website: www.opendoormission.org

Lydia House

2809 N 20th St E
Omaha, NE 68110

Eligibility: Women (19 years or older), Women with children, No sex offenders, Must be sober, No open warrants, Not on the ban and bar list

Length of Stay: 6 months

Garland Thompson's Men's Center

2705 N 20th St E
Omaha, NE 68110

Eligibility: Males (19 and over) – case by case for certain situations, Men with children, No sex offenders, Walk-ins accepted, Must be sober, No open warrants, Not on the ban and bar list

Length of Stay: 90 days

Siena/Francis House

1111 North 17th Street
Omaha NE 68102
(402) 341-9236
Website: www.sienafrancis.org

Eligibility: Men (19 years and older), Women (19 years and older), Women with children
Sex offenders accepted, No single men with children

Length of Stay: Guests are can check in for overnight shelter as early as 4:30 p.m. daily; Men must leave by 7:00 am; Women are allowed to stay for 30 days and can stay all day; Walk-ins almost always accepted

**Information deemed accurate at time of publication*

Stephen Center

2723 Q Street
Omaha NE 68107
(402) 731-0238
www.stephencenter.org

Description: 30 beds, Guests must be checked in by 5:30 p.m. daily unless they have special permission, Walk-ins almost always accepted, Men stay in separate courters as women and children unless they are family

Eligibility: Men, women, and children, Must be 19 years or older unless with parent, No sex offenders

Length of Stay: 30 days maximum

(Council Bluffs)

Joshua House

1435 North 15th Street
Council Bluffs, IA 51501
(712) 322-7570
Website: www.mohmsplace.org

Eligibility: Men (18 years and older), walk-ins almost always accepted, won't take certain medical conditions including HIV/AIDS

Day/Time: Guests are can check in for overnight shelter from 4:00 to 6:00 p.m. daily, and must leave the shelter by 9:00 a.m. the next morning.

The Micah House

1415 Avenue J
Council Bluffs, IA 51501
(712) 323-4416
Website: www.themicahhouse.org

Eligibility: Women (19 and over), Women and families, Single men allowed-long waiting list, No sex offenders , 23 total beds

Length of stay: Normally 30 days, Case by case while working with a case manager

Housing Assistance

Community Alliance-Community Housing

4001 Leavenworth Street
Omaha, NE 68105
Phone: (402) 341-5128

Description: Quality, safe, and affordable housing for adults with mental illness. Community Alliance owns or operates more than 200 housing units including supervised group living residences, cooperative, peer supported houses, and apartment complexes.

Restrictions: Ages 19 and older, a diagnosis of SPMI, and receiving supportive services through Community Alliance. A written Lease and security deposit are required.

Fees: Sliding fee scale, Medicaid, Regional Rental Assistance Programs, or other appropriate government programs.

Salvation Army

37th Street Residential Readiness Program

3612 Cuming St.
Omaha, Ne 68131
(402) 898-7521

Description: Provides short-term (24) week transitional housing and readiness classes for homeless individuals, married couples, and one to two parent families.

Restrictions: Must be homeless, legally evicted, age 19 or older, meet income guidelines, 30 days of sobriety, 30 days medication compliant.

Length of Stay: Average of 6 month wait list.

Translators: Bi-lingual staff available.

Transitional Housing Residential Units (THRU)

3612 Cuming St.
Omaha, Ne 68131
(402) 898-7521

Description: Provides 12-month transitional housing that helps families and individuals reintegrate back into the community by providing housing, support services and assistance with obtaining affordable and safe permanent housing. Average wait time is 6 months.

Restrictions: Must be homeless, legally evicted, age 19 or older, meet income guidelines, 30 days of sobriety, 30 days medication compliant.

Translators: Bi-lingual staff available.

Scattered Site Transitional Housing

Harrington Homes
3612 Cuming St.
Omaha, Ne 68131
(402) 898-7521

**Information deemed accurate at time of publication*

Description: Provides an 18-month transitional housing for families and individuals to help reintegrate back into the community by providing housing, support services and assistance with obtaining affordable and safe permanent housing. Average of 6 month wait time.

Restrictions: Must be homeless, legally evicted, age 19 or older, meet income guidelines, 30 days of sobriety, 30 days medication compliant.

Translators: Bi-lingual staff available.

VA-Housing Opportunities Program

3612 Cuming St.
Omaha, Ne 68131
(402) 898-5983

Description: Assists homeless veterans and their families that are at a very high risk of homelessness. There is no waitlist for this program.

Length of Stay: Community-based housing is provided for an average of 9-12 months. Permanent housing is provided upon successful completion of the program.

Legal Assistance

Abrahams Legal Clinic (Creighton Law)

Applications are taken over the phone (Civil cases only)
(402) 280-3068
Call between 9 a.m. and 4 p.m. Monday through Thursday

Description: Abrahams Legal Clinic is composed of 3rd year law students from Creighton University. These students are able to represent clients in cases regarding civil law only (no criminal cases). A Professor and/or an attorney supervise all students and cases. This service is provided free to all low-income residents of Douglas County.

Legal Aide of Nebraska

209 S 19th Street #200
Omaha, NE 68102
(402) 348-1069

Description: Legal Aide of Nebraska is the only non-profit organization to provide legal services to the state of Nebraska. It services all counties and has several locations throughout the state of Nebraska. The goal of Legal Aide of Nebraska is to provide free legal representation to underprivileged citizens of Nebraska. Anyone can apply for legal aid through this agency but only those who qualify will receive assistance.

Volunteer Lawyers Project

Nebraska State Bar Association
635 S. 14th St., Suite 200
Lincoln, NE 68508
(402) 475-7091

Description: The Volunteer Lawyers Project is based in Lincoln, Nebraska out of the Nebraska Bar Association but they have a center located in the Douglas County Courthouse, which is open Monday, Wednesday, and Friday from 10am-2pm. This program was created so that those unable to afford to hire an attorney can still obtain legal representation.

Nebraska Medicaid

Medicaid

ACCESSNebraska Document Imaging Center

P.O. Box 2992

Omaha, NE 68172

(402) 595-1178

8:00 am - 5:00 pm Monday thru Friday

Email: DHHS.ANDICenterOmaha@Nebraska.gov

For questions regarding eligibility: DHHS.MedicaidEligibilityCustomerService@nebraska.gov

Website: http://dhhs.ne.gov/medicaid/Pages/med_medindex.aspx

Description: Nebraska DHHS administers the Nebraska Medicaid Program which provides health care services and insurance to eligible elderly and disabled individuals and eligible low-income pregnant women, children and parents. CHIP is part of Nebraska Medicaid and provides medical assistance to children age 18 and younger whose households meet the income guidelines. To apply an application must be completed and given to the Nebraska Department of Health & Human Services. You may download an application form from the website and mail it to the nearest Department of Health and Human Services Office. Approval can take up to 3 months.

Outpatient Mental Health Services

A Better Way Therapy

3223 North 169th Street
Omaha, NE 68116
(402) 813-2235
Website: www.abetterwaytherapy.com

Description: In-home individual and family therapy, alcohol and drug counseling. Restrictions: None.
Translators: Spanish available upon request.

Beneficial Behavioral Health Services

4732 South 131st Street
Omaha, NE 68130
(402) 697-3923
Website: www.behaviortherapyomaha.com

Description: In-home and in-office counseling, community treatment aides, substance abuse program and evaluations, mental health evaluations.

Restrictions: None.

Translators: Bi-lingual staff available.

Camelot Care Centers, Inc.

6901 Mercy Road
Omaha, NE 68106
(402) 392-2972
Website: www.provcorp.com

Description: Offers individual and family therapy and mental health and substance abuse evaluations. Insurance is required. Medicaid is accepted. Translators are available when needed.

Capstone Behavioral Health

Locations:

1941 South 42nd Street, Suite 514
Omaha, NE 68105
(402) 614-8444

424 West 23rd Street, Suite E
Fremont, NE 68025
(402) 727-4288

Website: www.capstonebehavioralhealth.com

Description: Offers intensive outpatient therapy as well as individual and family therapy. Therapy groups are available as well. Spanish translators are available.

**Information deemed accurate at time of publication*

Center for Holistic Development

6663 Sorensen Parkway

Omaha, NE 68152

(402) 502-9788

Website: www.chdomaha.org/

Description: Individual therapy. You must have insurance. Medicaid is accepted. There is no sliding-fee option.

Community Alliance

4001 Leavenworth Street

Omaha, NE 68105

Phone: (402) 341-5128

Website: www.community-alliance.org

For all of Community Alliance's programs:

Restrictions: Ages 19 and older, a diagnosis of SPMI, and receiving mental health treatment.

Cost/Payment: Sliding fee scale or Nebraska Medicaid.

Assertive Community Treatment

Description: Coordinated approach to meeting the needs of adults with mental illness. Each ACT team includes a psychiatrist, social worker, nurse, rehabilitation and addictions professional, and peer support worker. They meet daily to review the progress and needs of each client.

Restrictions: Ages 19 and older, a diagnosis of SPMI, and client qualifies for the level of service provided. Client must demonstrate impairment in one or more of the following areas: vocational, educational, or homemaker functioning; social, interpersonal, or community functioning; and/or self-care or independent living functioning.

Community Support

Description: Services for adults with severe persistent mental illness. Program provides support, case management, community skills training, assistance in obtaining community resources, assistance in applying for financial programs, and assistance in locating and maintaining housing.

Crossroads to Health & Recovery

Phone: (402) 884-7223

Fax: (402) 884-7152

E-mail: Aberg@comall.org

Description: Program provides primary care, health navigation, and wellness classes. It also offers outpatient services which include medication management and individual, family, and group therapy.

Hours of operation: Monday-Friday, 8:00 am to 4:30 pm

Day Rehabilitation

Description: Program provides individualized and group skilled building activities, pre-vocational activities, recreational activities, AA meetings on site, and assistance in locating community resources.

Hours of operation: Five hours per day Monday through Friday and regular evening, weekend, and holiday activities offered. For further information call (402) 341-5128.

Day Rehabilitation Locations:

4001 Leavenworth Street
Omaha, NE 68105
Phone: (402) 341-5128

7701 Jones Circle
Omaha, NE 68106
Phone: (402) 715-5668

Residential Rehabilitation

4001 Leavenworth Street
Omaha, NE 68105
Phone: (402) 341-5128

Description: Safe and supportive home environment for adults with mental illness. Group living facilities range in size from 8 to 16 residents and are located throughout Omaha. Services offered through residential rehabilitation include group learning, medication management, social and recreation activities, supervision and support, and community involvement.

Restrictions: Ages 19 and older, a diagnosis of SPMI, receiving mental health treatment, and medically stable.

Fees: Sliding fee scale or Medicaid. Federal renting subsidies are available for eligible individuals in some facilities. A security deposit is required.

Safe Harbor Peer Crisis Diversion Services

415 South 25th Avenue
Annex Building
Omaha, NE 68131
Phone: (402) 884-9044

24-hour Warm Line: (402) 715-4226

*Warm line is a crisis phone line to talk to peers who have experienced successful psychiatric rehabilitation

Description: Drop in peer services for adults with mental illness experiencing a crisis that does not require psychiatric care or hospitalization. Program offers 24 hours or less care, warm line available to talk with peers, and connection with resources. Open to anyone. Do not have to be a Community Alliance Client.

Restrictions: Ages 19 and older. Please call (402) 884-9044 before you come.

Cost/Payment: Sliding fee scale or Medicaid

WorkSource

7117 Jones Circle
Omaha, NE 68106
Phone: (402) 715-5668

E-mail: worksource@commall.org

Description: Vocational services for adults with severe persistent mental illness. Program provides job readiness, job coaching, and support.

Community Counseling Program (Methodist)

(402) 354-6891

Website: www.bestcare.org

Description: Free, confidential individual and family counseling is available. No fee charged for services. The agency will refer out if translators are needed.

**Information deemed accurate at time of publication*

Community Counseling Services (UNMC)

6001 Dodge Street
Omaha, NE 68182
(402) 554-2727

Description: Counseling is available for individuals, couples, and families. Evening and Saturday appointments are available. You must call for an appointment. Minimal fees are required.

Confidential Counseling

5951 Ames Avenue
Omaha, NE 68104
(402) 457-5761

Description: Offers in-home and office individual therapy.

Creighton Psychiatry

3528 Dodge Street
Omaha, NE 68131
(402) 345-8828
Website: www.cp.waittdesign.com/patient_care.asp

Description: Medication management. Individual therapy. Agency does not accept those who are court ordered to receive treatment. Translators are available. Interpreters available for hearing impaired.

Douglas County Community Mental Health Center

4102 Woolworth Avenue
Omaha, NE 68105
(402) 444-7000
Website: www.douglascounty-ne.gov/cmhc/

Description: Medication management. There are limited therapy appointments available. Applicants must be 19 or older and live in the Region 6 area. Spanish translators are available.

Family Enrichment

820 South 75th Street
Omaha, NE 68114
(402) 391-2477
Website: <http://www.familyenrichmentomaha.com/>

Description: Individual, family and marriage therapy. Psychological evaluations. Restrictions: Accepts private insurance, Medicaid, Medicare, but call to verify acceptance. No sliding scale fee scale.
Translators: Not available.

Great Plains Counseling Center

205 Galvin Road
Bellevue, NE 68005
(402) 292-7712

Website: www.greatplainscounseling.com

Description: Individual, marriage and family therapy. Pre-treatment assessments, chemical dependency, behavioral therapy, EMDR (trauma therapy), Critical Incident Stress Debriefing (CISD).

Restrictions: Accepts a limited number of Medicaid clients, sliding fee scale available. Translators: Not available.

Heartland Family Service

Website: info@HeartlandFamilyService.org

Locations:

Omaha
2101 South 42nd Street
Omaha NE, USA 68105
(402) 553-3000

North Omaha Location
6720 No. 30th Street
Omaha NE, USA 68112
(402) 451-6244

Sarpy County
302 American Parkway
Papillion NE, USA 68046
(402) 339-2544

Council Bluffs
515 E. Broadway
Council Bluffs IA, USA 51503
(712) 322-1407

Description:

Mental Health: Addictions Treatment, Individual, Couples, and Family Counseling, Employee Assistance Program. Psychiatric Medication Evaluation and Monitoring

Therapy Groups Offered: Choosing Non-Violence Batterers' Group, DBT

Cost/Payment: Sliding Fee Scale, Accepts major insurances, Medicaid, Credit Card, Cash, and Check.

Translators: Spanish Interpreters available

Inroads Counseling

8031 West Center Road, Suite 220
Omaha, NE 68124
(402) 932-2248

Description: Medication management. Marriage, family, and individual counseling is available.

**Information deemed accurate at time of publication*

Jericho Counseling Associates

1941 South 42nd Street, Suite 538
Omaha, NE 68105
(402) 344-7000

Description: Individual and family therapy offered in-home and in-office. Available to all ages and those residing in Douglas, Sarpy, Dodge, and Lancaster Counties. A Spanish speaking therapist is available.

Jewish Family Services:

333 South 132nd Street
Omaha, NE 68154
(402) 330-2024
Website: www.jewishomaha.org

Description: Individual, group, family counseling, marriage counseling, play therapy, crisis intervention, family life education, and parenting classes. Restrictions: Sliding scale offered for those without insurance.

Translators: Russian and Hebrew available.

Lutheran Family Services

Website: <http://www.lfsneb.org/>
Locations:

730 Fort Crook Road North
Bellevue, NE 68005
(402) 292-9105

403 South 16th Street, Suite C
Blair, NE 68008
(402) 426-5454

1420 East Military, Suite 100
Fremont, NE 68025
(402) 721-1774

1410 E Gold Cost Road
Suite 200
Papillion, NE 68046
(402) 592-0639

122 S 6th Street
Plattsmouth, NE 68048
(402) 292-9105

Description: Individual, Couples, and Family Counseling Services, Psychiatric Medication Evaluation and Monitoring, and Urgent Outpatient Mental Health Counseling.

Anger Management, At Ease (support for current and former military personnel and their families), Community Support, Counseling for Victim of Domestic Violence,

Cost/Payment: Sliding Fee Scale, Accepts major insurances, Medicaid, Credit Card, Cash, and Check.

National Alliance on Mental Illness – Nebraska Chapter

415 S 25th St,
Omaha, NE 68131
(402) 345-8101
Website: <https://naminebraska.org/>

Description: Provides education, support, and advocacy for individuals with mental illness. Free helpline for consumers, family members, friends and professionals for information related to mental illness. Free educational classes on different mental health topics.

Translators: available upon request.

Ponca Tribe of Nebraska: Fred LeRoy Health and Wellness Center

2602 J Street
Omaha, NE 68107
(402) 734-5275
Website: www.poncatrIBE-ne.org/OmahaClinic

Description: Provides community and home-based family-centered services. Counseling is available. Available to all Native Americans in Douglas, Sarpy, and Pottawattamie Counties.

Rizzo and Associates

7836 Wakeley Plaza
Omaha, NE 68144
(402) 397-0330

Description: Individual therapy services are available. There is a Spanish speaking therapist on staff.

The Salvation Army Mental Health Case Management Services

Community Support Mental Health

3612 Cuming St.
Omaha, Ne 68131
(402) 898-6017

Description: Provides assistance for people 19 years of age and older and have a severe persistent mental illness who need supportive services. Participants have 24-hour staff availability. There is a month wait list.

Length of Stay: This program is a 6 month to 1 year service.

Cost/Payment: Accepts Medicaid and offers veterans a sliding fee scale.

Emergency Community Support

415 S. 25th St.
Omaha, Ne 68131
(402) 885-8007

Description: Serves individuals who are 19 and older and have experienced a behavioral health crisis. Support is provided for 90 days. The treatment goal is to achieve stabilization, increased independence and community integration.

Cost/Payment: Program is voluntary and has no fees.

**Information deemed accurate at time of publication*

Intensive Community Support

3612 Cuming St.
Omaha, Ne 68131
(402) 898-6017

Description: Offers assistance to individuals 19 or older and have a severe persistent mental illness and need daily supportive services. The program is a 6 month to 1 year supportive service program and has 24-hour accessibility to staff.

Cost/Payment: Accepts Medicaid and there is no wait list.

Mental Health Respite

819 Dorcas St.
Omaha, Ne 68108
(402) 505-8243

Description: Assists men and women transitioning back into the community after a psychiatric crisis. There are no fees and general wait time is two weeks.

Length of Stay: Temporary residence is provided for 28 days.

Restrictions: Must be 19 years of age or older and under psychiatric care with a mental health diagnosis.

Post Crisis Emergency Community Support

415 S. 25th St.
Omaha, Ne 68131
(402) 885-8027

Eligibility: Provides community support for up to 90 days for men, women and children who have recently experienced a behavioral health crisis that resulted in law enforcement intervention.

Cost/Payment: There are no fees or wait list.

VA-Per Diem Community Support Mental Health Program

3612 Cuming St.
Omaha, Ne 68131
(402) 898-6017

Description: Focus on finding ways to help veterans live as independently as possible in the community.

Cost/Payment: Offers sliding fee scale and accepts Medicaid.

Woodhaven Counseling

11319 P Street
Omaha, NE 68134
(402) 592-0328
Website: www.woodhavencounseling.com

Description: Medication management. Individual, family and couples therapy is available. Medicaid is accepted. Payment is not accepted on a sliding fee scale. Translators are not available.

Social Security

Community Alliance Social Security Outreach, Access and Recovery (SOAR)

4001 Leavenworth Street
Omaha, NE 68105
(402) 341-5128

Description: Specialized assistance in navigating through the process of applying for SSI/SSDI for individuals with mental illness who are also experiencing homelessness.

Restrictions: Homeless individuals ages 19 and older who are receiving mental health treatment.

Cost/Payment: Sliding fee scale or Medicaid.

Social Security Administration

604 N. 109th Ct.
Omaha, NE 68154
866-716-8299
Toll Free: 1-800-772-1213
For deaf and hard of hearing call 1-800-325-0778
Website: www.ssa.gov

To make an appointment, call between 7:00a.m. and 7:00pm, Monday-Friday. Average wait for an appointment is 60 days. Documents needed for appointments will vary. Average wait for a social security disability claim is 90-120 days.